



# **Recipe for a Successful Edible Garden**

## *Fall Crops*

Mid August is the time to begin planting Fall/cool season crops in the vegetable garden.

Look for transplants of broccoli, cauliflower, kale, and cabbage to plant mid August for an October harvest. Sow seeds for carrots, radishes, and any of the greens like lettuce, spinach, kale, chard, cilantro, and arugula. Greens can be planted every 2 weeks until the end of September for continual harvest into November.

For more information on types of edible gardens, appropriate crops for each growing season, and fertilization check out our corresponding handouts on our website- [plantkingdom.net](http://plantkingdom.net)